

Educational event for GPs: "Key messages for Primary Care on the Diagnosis and Management of ME/CFS"

Time & date: Saturday, May 25. Registration starts at 9:15 AM with first talk at 9:30 AM.

Admission: Free

This is a *doctor-only* event. Dr Vallings will also be giving five public talks in May (in Cork, Dublin, Galway, Limerick & Sligo) which anyone can attend. Details at <http://irishmecfs.org/events.html>

Venue: Carlton Hotel Dublin Airport, Old Airport Rd, Cloghran, Dublin, K67 P5C7

Parking: Free (get parking ticket validated at reception)

Content:

The main item is a talk by Dr Ros Vallings entitled "Overview of Chronic Fatigue Syndrome/ME". Dr Vallings will also introduce two video clips aimed at GPs by two world-renowned ME/CFS paediatricians, on severe ME/CFS and the diagnosis and management of paediatric ME/CFS. The event will also include two twenty-minute Q&A sessions with Dr Vallings and a break for refreshments. It will finish at noon.



About the speaker: Dr Ros Vallings MNZM, MB BS is a GP who is recognised as the leading expert on myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS) in New Zealand. She has seen thousands of patients with ME/CFS and related conditions in her practice over the last 40 years and regularly gives educational talks to medical professionals. She was the recipient of the Nelson Ganz Award for Outstanding Clinician by the International Association for CFS/ME (2016). Dr Vallings is the author of three books on ME/CFS and co-author of the IACFS/ME physicians' primer.

Registration: Contact 087-9653431 or email careycarmel2@gmail.com. People are asked to register in advance if possible, though it will also be possible to register on the day.

Accreditation: 2 CPD points have been approved by the Irish College of General Practitioners. GMS study leave allocation: ½ day.

Organised by the Irish ME/CFS Association & the Irish ME Trust