

## **Educational event for GPs: "Key messages for Primary Care on the Diagnosis and Management of Post-Viral Fatigue Syndrome and ME/CFS"**

**Time & date:** Tuesday, March 23, 2021. 7:30 PM

**Duration:** For just over one hour

**Cost:** Free

**This is a \*doctor-only\* event** (Dr Vallings also recently gave a talk to patients)

**Venue:** Online

**Format:** Dr Ros Vallings will give a general talk on the diagnosis and management of post-viral fatigue syndrome and myalgic encephalomyelitis/chronic fatigue syndrome, which often follows a virus. This will be followed by a question-and-answer session.



**About the speaker:** Dr Ros Vallings MNZM, MB BS is a GP who is recognised as the leading expert on myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS) in New Zealand. She has seen thousands of patients with ME/CFS and related conditions in her practice over the last 40 years and regularly gives educational talks to medical professionals. She was the recipient of the Nelson Ganz Award for Outstanding Clinician by the International Association for CFS/ME (2016). Dr Vallings is the co-author of the IACFS/ME physicians' primer; the international consensus ME primer; and "Myalgic Encephalomyelitis/Chronic Fatigue Syndrome Diagnosis and Management in Young People: A Primer".

**Registration:** Pre-registration is required. Contact [cpd@irishmecfs.org](mailto:cpd@irishmecfs.org).

**Accreditation:** Approved for one CPD credit by the Irish College of General Practitioners.

Organised by the Irish ME/CFS Association & the Irish ME Trust